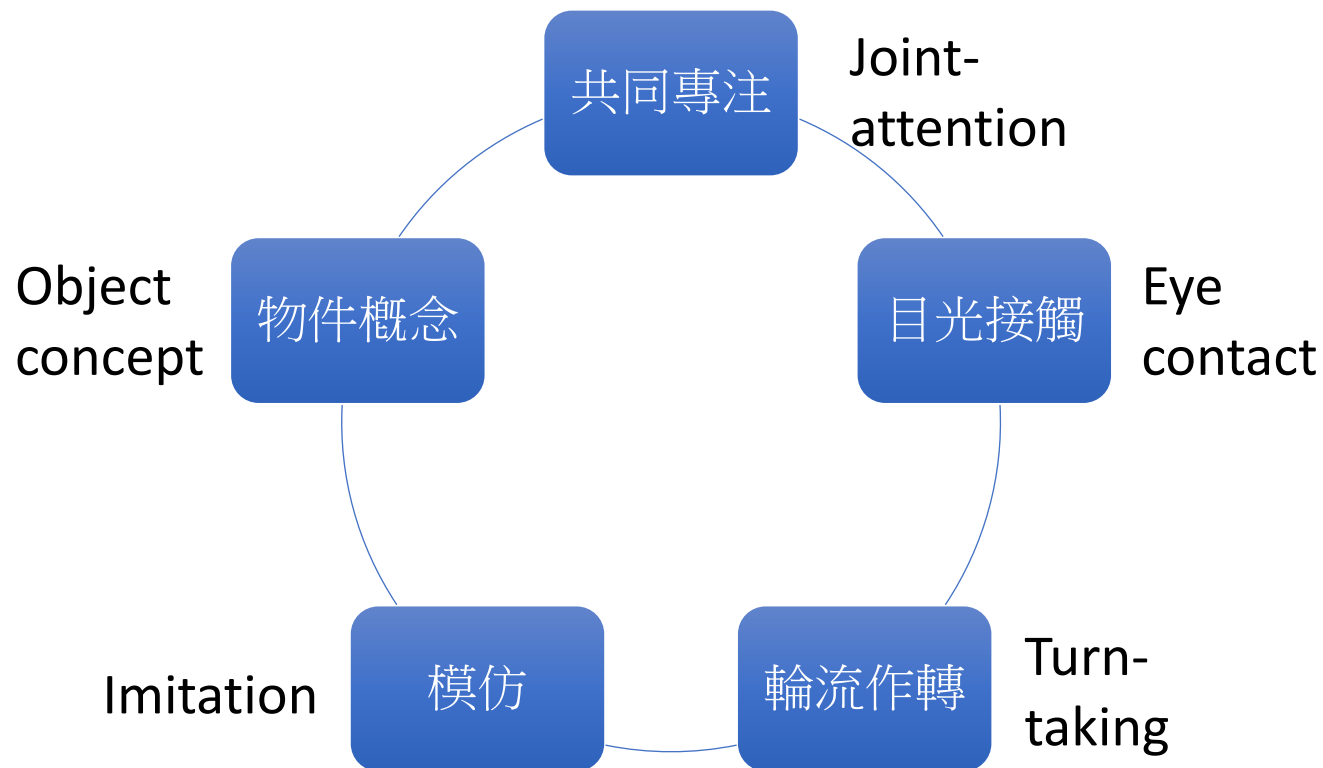


如何在溝通互動中 提升子女專注力

Improving joint-attention
skills in children

語言前技巧 Pre-linguistic skills

- 語言學習所需的基礎
- Lay the foundation for language learning



共同專注 Joint-attention

- 與他人同一時間關注共同焦點的能力
- Joint attention is the ability to share a common focus on something
 - 有形: 物件、人物 Tangible: object, people
 - 無形: 事件、心情等 Intangible: event, concept
- 向他人學習的關鍵 Critical factor for learning
 - 有助認知、語言能力的發展
 - Facilitates cognitive development and language acquisition
- 雙向互動及溝通的基礎
- Basis for successful social-communication
 - 意圖分享 Sharing intentions
 - 情緒分享 Sharing affects



共同專注的形式

Two main types of joint-attention

	回應 Responding to joint-attention	主動引發 Initiating joint-attention
定義 Definition	回應互動伙伴的引導而關注物體或事件 Ability to follow direction of gaze or point	引起他人注意，並作要求或分享 Ability to use direction of gaze or point to direct the attention of others
表現方式 Examples	<ul style="list-style-type: none">跟隨近距離指示 following proximal point跟隨遠距離指示 following distal point眼神追示 gaze following	<ul style="list-style-type: none">眼神接觸 eye contact眼神交替 eye alternate手指指示 pointing展示物品 showing給予物品 giving
影響 Influence	跟從指示、學習 Learning	社交互動、溝通意欲 Social-communication

訓練技巧

Training Tips



範例活動 Sample Training Activity

將手指放在孩子的眼前 Put your finger in front of child's eyes



將手指移到你要他看的物品上 Move your finger to the target object



家長：「睇下」 Say 'Look'



給予回饋/獎勵 Give feedback/rewards

範例活動 Sample Training Activity

拿出孩子喜歡的物品 Show your child his favorite object



放在他的眼前 Put it right in front of his eyes



逐漸的將玩具移動到你臉前，讓他注意你 Gradually move the object towards your face, so that your child would initiate eye contact with you




給予回饋 Give feedback

範例活動 Sample Training Activity

中斷既定流程 Interrupt an activity or routine



當孩子注意到並看著你 Your child notice and initiate eye contact with you



維持眼神接觸並給予回饋 Maintain eye contact with you child and give feedback



回復原有流程 Resume the activity or routine

範例活動 Sample Training Activity

模仿孩子的行為 Copy what your child does



孩子注意到你 Your child notice



孩子主動引發互動，引成人繼續模仿 Your child initiate interaction and expect you to copy



回應孩子 Respond to his initiation by imitating

總結 Conclusion

- 使用孩子有強烈興趣的物品 Use motivating objects
- 誇張表情、聲音、動作等吸引孩子 Make yourself FUN to look at and sound FUN to listen to
- 保持面對面 Place yourself somewhere in child's sight
- 配合觸體提示 Physical prompts could help
- 製造大量互動的機會 Create chances for interactions
- 多作示範 Keep modeling the target behaviors
- 順應孩子的興趣及焦點 Follow child's lead
- 給予探索、反應的時間 Allow time for child to initiate
- 及時、積極的回應 Be responsive

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